



MORAL INJURY SYMPTOM SCALE - CIVILIAN

Moral Injury Symptom Scale – Civilian Version – Short Form (MISS-C-SF)©

Instructions: Reflecting on a period of severe trauma or stress in your life, please circle the number that most accurately indicates how you are feeling now:

1. I feel betrayed by those who I once trusted.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

2. I feel guilt over failing to save someone from being seriously injured or killed.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

3. I feel ashamed about what I did or did not do during this time.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

4. I am troubled by having acted in ways that violated my own morals or values.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

5. Most people are trustworthy.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

6. I have a good sense of what makes my life meaningful.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

7. I have forgiven myself for what happened to me or others during that time.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral	Mildly agree		Strongly agree		

8. All in all, I am inclined to feel that I am a failure.

1	2	3	4	5	6	7	8	9	10
Strongly disagree		Mildly disagree		Neutral		Mildly agree		Strongly agree	

9. I wonder what I did for God to punish me.

1	2	3	4	5	6	7	8	9	10
A great deal (very true)		Quite a bit			Somewhat			Not at all (very untrue)	

10. Compared to before you went through this traumatic experience, has your religious faith since then...

1	2	3	4	5	6	7	8	9	10
Weakened a lot		Weakened a little			Strengthened a little			Strengthened a lot	

Do the feelings you indicated above cause you significant distress or impair your ability to function in relationships, at work, or other areas of life important to you? (check one of the following):

Not at All Mild Moderate Very Much Extremely

1 In other words, "If you indicated any problems above, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?"

Scoring: Reverse score items 5, 6, 7, 9, and 10, and then sum all items to produce a total score indicating moral injury severity (possible range 10-100). In addition, indicate whether significant distress or problems functioning from these symptoms is present (moderate, very much, or extremely) or not (not at all, mild)

Source: © Koenig HG, Ames D, Pearce M (2019). Religion and Recovery from PTSD. London: Jessica Kingsley Publishers. Adapted from: Koenig, H.G., Ames D, Youssef N, Oliver JP, Volk F, Teng EJ, Haynes K, Erickson Z, Arnold I, O'Garro KN, Pearce MJ (2018). Screening for Moral Injury – The Moral Injury Symptom Scale-Military Version Short Form. Military Medicine 183 (11-12): e659–e665. Contact Harold.Koenig@duke.edu for scoring guide.